



CITY OF CLEVELAND
Mayor Justin M. Bibb

Spring

Neighborhood Resource & Recreation Center PROGRAM GUIDE



REGISTRATION NOW OPEN

Spring programming begins:
Monday, March 13, 2023



*Free
Programs*





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www.clevelandohio.gov
www.clevelandohio.gov/NRRCactivities





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Welcome!

Dear Clevelanders,

The City of Cleveland's Neighborhood Resource & Recreation Centers (NRRCs) provide resources in the neighborhood for recreational, social, cultural, and other support services. This spring 2023 program guide provides a list of programs and services available to members of the entire family across the city's 22 NRRCs.

As we get ready for winter and continue to promote optimal wellness for all Clevelanders, I encourage you to review this program guide and take advantage of the opportunities available to you and your family. Opportunities in STEM, the arts, workforce training, and fitness that are right in the heart of your neighborhood or in another community across the city. Research shows that consistent participation in out of school time programs improves educational and social outcomes and decreases involvement in unhealthy activities.

Additionally, the social support services staff located in the NRRCs are available to assist you with any challenges you may be facing at this time. These services include referral support, benefits advocacy, and short-term counseling.

My administration is committed to creating desirable connections in your neighborhood and throughout Cleveland for everyone to enjoy.

It is a pleasure to serve you as your mayor. I look forward to providing you with ample high-quality programming for children, youth, adults, and seniors as we build a stronger, safer, and healthier Cleveland.

Sincerely,

Justin M. Bibb
Mayor, City of Cleveland

Mission Statement

We are committed to improving the quality of life in the City of Cleveland by strengthening our neighborhoods, delivering superior services, embracing the diversity of our citizens, and making Cleveland a desirable, safe city in which to live, work, raise a family, shop, study, play and grow old.

Spring

2023 PROGRAM GUIDE

Important NRRC Updates

Facilities Open Spring 2023:

The City of Cleveland maintains 21 Neighborhood Resource & Recreation Centers, 1 Cultural Arts Center and 1 Residential Camp.

**During the Spring of 2023, Central NRRC and Clark NRRC will be closed for construction purposes.*

Spring Hours and Days of Operation

NRRCs will be open Monday–Friday, 12 Noon – 7:30 p.m. and Saturday from 10:00 a.m. – 5:30 p.m. NRRCs will be closed on Sundays. Some programs may operate during special hours. Call your local NRRC for further information.

Early Open Centers for Senior Citizens

- **Collinwood:** M, W, F – 9 a.m.
- **Estabrook:** W, F – 9 a.m.
- **Fairfax:** M, W, F – 10 - 11 a.m.
- **Glenville:** T, W, TH – 10 a.m.
- **Gunning:** M-F – 8:30 - 11:30 a.m.
- **Halloran:** M-F – 11:30 a.m. & Sat., 9:30 a.m.
- **Lonnie Burten:** M, W, TH – 12 - 2:30 p.m.
- **Zelma George:** M-F – 9 - 11:30 a.m.

Field Trips & Transportation

Due to COVID-19, field trips and other activities requiring the use of City of Cleveland vans to transport youth will be limited.



Social Support Services



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Who We Are

The City of Cleveland has demonstrated a long-term commitment to residents, working to create safe spaces in our Neighborhood Resource and Recreation Centers (NRRCs) where families can access free resources and support services. We are committed to working together, with families and other community providers, to identify and help families who are struggling to achieve a better quality of life.

Support Services Provided

Connecting and referring individuals to appropriate services

- Medical/hospital-related
- Long Term counseling
- Public Assistance

Advocates on behalf of families for public entitlements

- Veteran's benefits
- Social Security
- Medicare/Medicaid

- Food Stamps
- Housing Assistance
- Head Start
- Student Loans

Support and guidance for youth

- Stigmatization
- Scapegoating
- Labeling
- Bullying
- Substance abuse
- Unhealthy relationships



Social Support Services Specialists

Eugenia Cash-Kirkland

Director

(216) 857-7052

Rhonnetta Robinson

Supervisor

(216) 857-3137

Anthony "Tony" Funk

(216) 857-7079

Krisnia Hope

(216) 857-3238

Michele Princeton

(216) 857-1213

Jacqueline "Jackey" Robinson

(216) 857-1329

Anthony Sims

(216) 225-4269



Program Offerings Overview

In an effort to offer accessible, high-quality, and interactive programming, the City of Cleveland's Office of Prevention, Intervention and Opportunity (PIO) and the Division of Recreation will continue to offer virtual and in-person activities in our NRRCs. All programs and activities center around six (6) areas: Youth and Adult Education; Job and Career Readiness; Health and Wellness; Youth Leadership Development, Mentorship and Community Service; the Arts; and Sports and Recreation. In addition, each NRRC will continue to offer traditional daily programs and activities.

► Virtual Programs

The City of Cleveland offers free virtual programs for City of Cleveland residents ages 5 and above. The City has selected Zoom as the platform to use for most program offerings. Virtual programming enables residents an opportunity to engage in live, interactive programs from the safety and comfort of their homes. See the Virtual Programs section of this brochure for more information about the programs available.

Individuals interested in participating in one or more of the City's virtual programs, must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

***Please note:** A parent or guardian must be present during virtual programming if a child under the age of 13 is a program participant.*

► In-Person Programs

The City of Cleveland offers a variety of free in-person classes that will be hosted at several NRRCs for residents ages 5 and up.

Please note that these NRRC programs are designed to assist each participant in achieving his/her potential. These classes are progressive, so each class builds upon the previous class session. Participants will use the knowledge and skills they gain in each class session to further their development. In order to get the maximum benefit from these programs, registrants are strongly advised and encouraged to attend each class session. See the In-Person Programs/Classes section of this brochure for information about programs available.

Individuals interested in participating in one or more of the City's in-person programs must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

***Please note:** Children under the age of 8 must be accompanied by an adult.*

► Daily NRRC Programs and Activities (i.e. Arts and Crafts, Weight Training, Fitness, Baseball/Basketball Skills etc.):

The City of Cleveland's NRRCs offer several free daily activities and access to program rooms for residents ages 8 and up. For a complete list of the daily programs and activities available at your NRRC, please contact your NRRC directly.

NRRC Locations and Phone Numbers

Camp Forbes

25440 Harvard Ave.
Highland Hills, OH 44122
(216) 263-5325

Clark

5706 Clark Ave.
Cleveland, OH 44102
(216) 664-4657

Central

2526 Central Ave.
Cleveland, OH 44115
(216) 664-4241

Collinwood

16300 Lakeshore Blvd.
Cleveland, OH 44110
(216) 420-8323

Cory

10510 Drexel Ave.
Cleveland, OH 44108
(216) 664-3389

Cudell Fine Arts

10013 Detroit Ave.
Cleveland, OH 44102
(216) 664-4183

Cudell Recreation

1910 West Blvd.
Cleveland, OH 44102
(216) 664-4137

Earle B. Turner

11300 Miles Rd.
Cleveland, OH 44105
(216) 420-8358

EJ Kovacic

6250 St. Clair Ave.
Cleveland, OH 44103
(216) 664-4140

Estabrook

4125 Fulton Ave.
Cleveland, OH 44144
(216) 664-4149

Fairfax

2335 East 82nd St.
Cleveland, OH 44104
(216) 664-4142

Frederick Douglass

15401 Miles Ave.
Cleveland, OH 44128
(216) 664-6882

Glenville

680 East 113th St.
Cleveland, OH 44108
(216) 664-2516

Gunning

16700 Puritas Ave.
Cleveland, OH 44135
(216) 420-7900

Halloran Park

3550 West 117th St.
Cleveland, OH 44111
(216) 664-4187

Hamilton

13200 Kinsman Rd.
Cleveland, OH 44120
(216) 664-4121

Woodland

9206 Woodland Ave.
Cleveland, OH 44104
(216) 664-4124

Lonnie Burten

2511 East 46th St.
Cleveland, OH 44104
(216) 664-4139

Michael Zone

6301 Lorain Rd.
Cleveland, OH 44102
(216) 664-3373

Stella Walsh

7245 Broadway Ave.
Cleveland, OH 44105
(216) 664-4658

Sterling

1380 East 32nd St.
Cleveland, OH 44114
(216) 664-2573

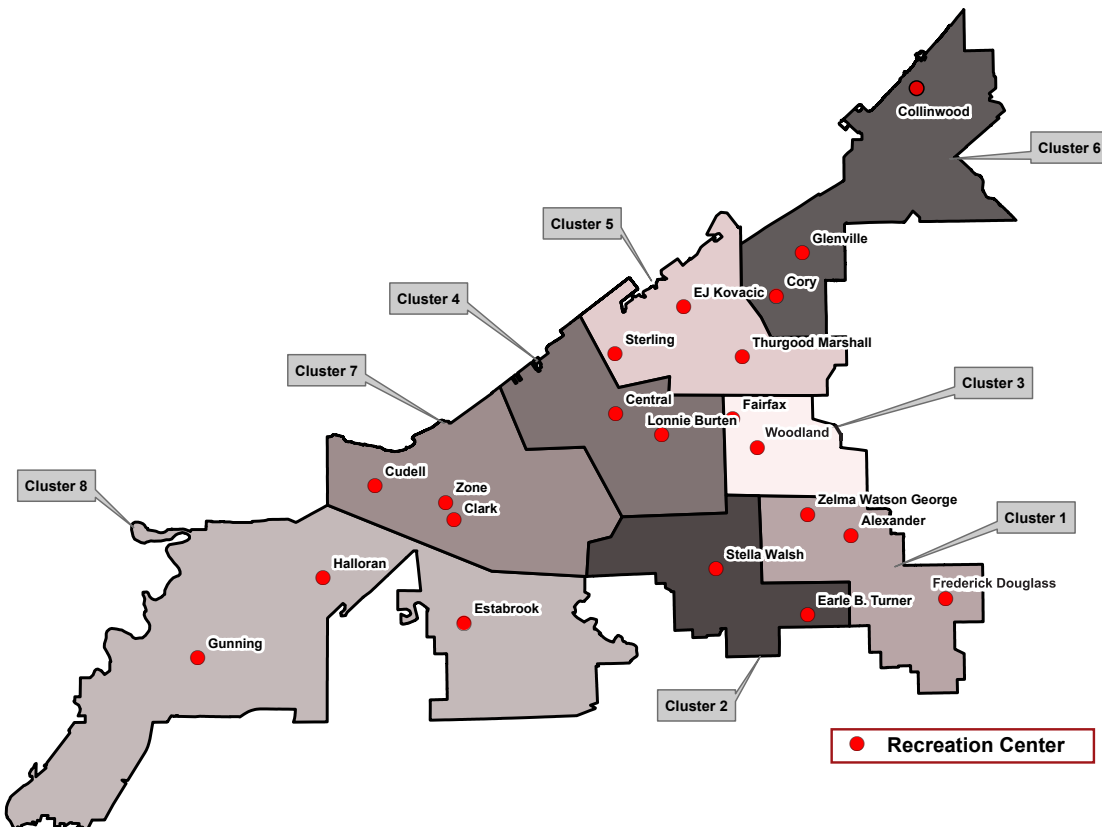
Thurgood Marshall

8611 Hough Ave.
Cleveland, OH 44106
(216) 664-4045

Zelma George

3155 MLK Jr. Blvd.
Cleveland, OH 44104
(216) 420-8800

Neighborhood Resource & Recreation Center Clusters



City of Cleveland Directory

Need to contact a City of Cleveland department about city services? Check out the numbers below to get started.

City Hall – Main Line – (216) 664-2000
 Department of Aging – (216) 664-2833
 Division of Animal Care & Control – (216) 664-3069
 Department of Building & Housing – (216) 664-2282
 Department of Community Development – (216) 664-4000
 Community Relations Board – (216) 664-3290
 Emergency Medical Service – (216) 664-2555
 Division of Fire – (216) 664-6800
 Division of Police Non Emergency Line – (216) 621-1234
 Mayor's Action Center – (216) 664-2900
 Division of Water – (216) 664-2444
 Division of Waste Collection and Disposal – (216) 664-3711
 Division of Streets – (216) 664-2510
 Department of Economic Development – (216) 664-2406
 Department of Public Health – (216) 664-6256
 PIO Expanded Programs - (216) 664-2241
 Citizens can report concerns or give feedback by calling 311.
 COVID-19 Vaccine Call Center – (216) 664-2222

Connect With Us On Social Media:



**Division of
Recreation**
 216-664-2570

Cleveland City Council



Cleveland City Council, the legislative branch of the City of Cleveland, serves citizens by monitoring city departments, approving budgets, and enacting legislation to improve the quality of life in an effective and financially responsible way.

Council members serve two roles in their duties: to draft and enact legislation for the city of Cleveland and act as ombudsmen for their constituents. For more information about Cleveland City Council call (216) 664-2840 or visit www.clevelandcitycouncil.org.

Joseph T. Jones, Ward 1
 Kevin L. Bishop, Ward 2
 Kerry McCormack, Ward 3
 Deborah A. Gray, Ward 4
 Richard A. Starr, Ward 5
 Blaine A. Griffin, Ward 6
 Stephanie D. Howse, Ward 7
 Michael Polensek, Ward 8
 Kevin Conwell, Ward 9

Anthony T. Hairston, Ward 10
 Brian Mooney, Ward 11
 Rebecca Maurer, Ward 12
 Kris Harsh, Ward 13
 Jasmin Santana, Ward 14
 Jenny Spencer, Ward 15
 Brian Kazy, Ward 16
 Charles Slife, Ward 17



Free Programs

Virtual Programming

VIRTUAL

► Education

- Aspire GED
- Reach Success



In-Person Programming

► Art

- Cultural Exploration through Art
- Get That Groove On!
- Jazz Funk Dance
- Cleveland Team
- Majorette Dance
- Photography

► Education

- After-School All-Stars
- Chess
- College Now!
- Reading Boost
- IConnect
- Job and Career Readiness Training and Placement
- STEAM
- STEM Workshops

► Health and Wellness

- Circuit Training

► Sports & Recreation

- Soccer
- Recess Cleveland

► Daily NRRC Programs

- Arts and Crafts
- Basketball
- Boxing
- Ceramics
- Clay
- Drawing
- Fitness Room
- Gift Making
- Glaze Techniques
- Judo
- Painting
- Photography
- Senior Aerobics
- Senior Aquacise
- Swimming
- Tech Room/Game Room
-and More





Art

Cultural Exploration through Art

(Art House)

CULTURAL EXPLORATIONS SERIES – These workshops celebrate the cultural diversity of Cleveland through the visual arts. Workshops are designed to educate participants about cultural traditions they may already know as well as those they may not know. These include the Day of the Dead, the Mexican tradition of celebrating ancestors; Dwali, the Indian Festival of Light; the Chinese New Year and more. The goal of the series is to promote cross-cultural understanding and tolerance. This workshop series is designed for participants ranging from age 5 to adult. Both individual and group projects will be included in the series.

Course Code	Location	Description	Age	Day	Time
EBT-ARTT-103	Earle B. Turner	Cultural Exploration through Art	All Ages	M, W	4:30 - 5:30 p.m.
MZ-ARTT-101	Michael Zone	Cultural Exploration through Art	All Ages	T, TH	5:30 - 6:30 p.m.
SW-ARTT-102	Stella Walsh	Cultural Exploration through Art	All Ages	M, W	5:00 - 6:00 p.m.

Get That Groove On!

(City Music)

Do you love music? Have you ever put new words to your favorite songs? Have you ever produced a beat to that song? Have you ever danced to that song? If so, this workshop is for you! The final step in your creative music project will be the Dance Jam, where you will come up with dance moves to match your beat's style and character!

Course Code	Location	Description	Grade	Day	Time
CWD-CM-102	Collinwood	Get Your Groove On!	3-7	T	4:00 - 5:00 p.m.
SW-CM-101	Stella Walsh	Get Your Groove On!	3-7	T	6:00 - 7:00 p.m.

Jazz Funk

(Dancing Wheels)

Fierce, fun & energized, this class blends jazz dance and various other popular dance styles! This all-levels and all-abilities class for youth ages 5-15 meets once per week for one hour. Dancing Wheels is equipped to support youth with cognitive and physical disabilities.

Course Code	Location	Description	Age	Day	Time
ESB-DW-102	Estabrook	Jazz Funk Dance	5-15	F	4:00 - 5:00 p.m.
GNG-DW-101	Gunning	Jazz Funk Dance	5-15	TH	5:00 - 6:00 p.m.
TM-DW-103	Thurgood Marshall	Jazz Funk Dance	5-15	W	5:00 - 6:00 p.m.
SW-DW-110	Stella Walsh	Jazz Funk Dance Dance for Adults	16+	T	5:30 - 6:30 p.m.

Cleveland Team Majorette Dance

(Buck Out Foundation)

Our majorette dance classes explore high energy, Hip-Hop inspired dance moves combined with the athleticism of gymnastics and the technique of Jazz dance. Dancers are strongly advised to bring water and wear athletic, flexible clothing including tennis shoes.

Course Code	Location	Description	Age	Day	Time
EJK-MDT-101	EJ Kovacic	Cleveland Team Majorette Dance	9-17	M, W	5:00 - 7:00 p.m.
ESB-MDT-102	Estabrook	Cleveland Team Majorette Dance	9-17	T, TH	5:00 - 7:00 p.m.

Photography

(Greater Cleveland Neighborhood Centers Association)

This introductory program will provide youth in grade 6-12 basic instruction in photography. Participants will learn basic camera operation, lighting and special techniques. Returning participants will go in depth with more advanced techniques and alternative processes for photography.

Course Code	Location	Description	Grade	Day	Time
EBT-PTG-108	Earle B. Turner	GCNCA Photography	6-12	T	4:30 - 5:30 p.m.
GLV-PTG-109	Glenville	GCNCA Photography	6-12	W	5:00 - 6:00 p.m.
SW-PTG-105	Stella Walsh	GCNCA Photography	6-12	T	4:00 - 5:00 p.m.



Musical Instrument Exploration

(Center for Arts-Inspired Learning)

Explore various instruments and pursue one or more through weekly lessons. Upon successful completion of the seasonal session, youth will be able to keep the instrument used. A different instrument will be taught each day of the week as below:

Location	Monday	Tuesday	Wednesday	Thursday	Friday
Cudell	Percussion	Keyboard	Violin	Vocals	Guitar
Kovacic	Keyboard	Violin	Vocals	Guitar	Percussion
Studio 105	Guitar	Percussion	Keyboard	Violin	Vocals

Youth may register for one or all of the instruments.

Course Code	Location	Description	Grade	Day	Time
CDL-MIE-101	Cudell	Musical Instrument Exploration	6-12	M, T, W, TH, F	5:00 - 6:30 p.m.
EJK-MIE-102	EJ Kovacic	Musical Instrument Exploration	6-12	M, T, W, TH, F	5:00 - 6:30 p.m.
105-MIE-103	Studio 105	Musical Instrument Exploration	6-12	M, T, W, TH, F	5:00 - 6:30 p.m.

Recording Arts Technology

(Cuyahoga Community College)

This exciting Recording Arts Technology Academy takes place in a State-of-the-Art studio on the campus of Cuyahoga Community College. Youth in grades 6 - 10 will learn about sound recording, music and the entertainment industry. Topics will include: recording elements, electronic communication, basic music skills, voice over talent, poetry, scripts and interview skills.

Course Code	Location	Description	Grade	Day	Time
LB-RAT-101	Lonnie Burten	Recording Arts Technology	6-10	M, W	4:00 - 6:00 p.m.





Education

Aspire GED (GED Prep/Adult Literacy Instruction) (Cuyahoga Community College ASPIRE)

Tri-C ASPIRE provides high-quality adult education to individuals who need to prepare for the GED examination.

Course Code	Location	Description	Age	Day	Time
VIR-AGED-102	Virtual	ASPIRE GED	Adults 18+	T, TH	12:00 - 2:30 p.m.

After-School All-Stars (Tutoring, Cultural Experiences and Other Activities) (After-School All Stars)

This exciting program provides out-of-school time programs for 1st-10th grade youth including academic assistance, sports and recreation, field trips, guest speakers, STEM focused hands-on activities and classes that broaden students' individual interests. Participants are grouped into two sections: Grades 1-4 and Grades 5-10.

Course Code	Location	Description	Grade	Day	Time
FF-ASAS-101	Fairfax	After-School All-Stars	1-10	M, T, W, TH	3:00 - 6:00 p.m.
TM-ASAS-102	Thurgood Marshall	After-School All-Stars	1-10	M, T, W, TH	3:00 - 6:00 p.m.



Chess

(Progress with Chess)

Participants of all ages will participate in chess instruction and then move to competitive chess play.

Course Code	Location	Description	Age	Day	Time
CRY-PWC-102	Cory	Chess	Ages 5+	T, TH	4:00 - 5:30 p.m.
CWD-PWC-106	Collinwood	Chess	Ages 5+	M, W	3:00 - 4:30 p.m.
FD-PWC-103	Frederick Douglass	Chess	Ages 5+	T, TH	4:00 - 5:30 p.m.
ZG-PWC-108	Zelma George	Chess	Ages 5+	W, Sa	W: 5:00 - 6:30 p.m. Sa: 4:00 - 5:30 p.m.
SW-PWC-107	Stella Walsh	Chess	Ages 5+	T, TH	5:00 - 6:30 p.m.
HAM-PWC-101	Hamilton	Chess	Ages 5+	F, Sa	4:00 - 5:30 p.m.
ESB-PWC-112	Estabrook	Chess	Ages 5+	T, TH	4:00 - 5:30 p.m.

College Now! (Preparing for Post-Secondary Opportunities)

(College Now Cleveland)

Education

College Now, in partnership with the City of Cleveland, supports student growth and development through the College & Career Exploration program. The College & Career Exploration program focuses on helping increase students' awareness of the college going process and the opportunities available to them, so that they can create their best-fit post-secondary plans.

This program is available to students in grades 6 - 12 grade and will be offered for 5 weeks. The College Now Instructors facilitate each student's college & career research and exploration to ensure strategic and tactile postsecondary access and financial planning; instructors also provide both ACT and SAT General Overviews and Strategy Overviews as well as registration assistance for those who request it. The sessions are facilitated two times per week, giving students the opportunity to engage, ask questions, and map out future potential opportunities.

Each day, food and drink is provided to all participants, usually pizza! Students who attend the program are eligible to attend an all-expense-paid College Now College & Career Exposure trip.

Note: this is contingent upon travel restrictions due to COVID-19.

Course Code	Location	Description	Grade	Day	Time
EJK-CN-101	EJ Kovacic	College Now! Session 1: March 13, 2023	6-12	T, TH	4:00 - 6:00 p.m.

Exploring Entrepreneurship

(Teen Enterprise LLC)

Interested in learning how to start a business? From ideation to implementation, participants ages 13-17 go through the process of creating a product and promoting their concept during Young Entrepreneur Pop Up Shop!

Course Code	Location	Description	Age	Day	Time
LB-EE-101	Lonnie Burten	Exploring Entrepreneurship	13-17	M, W	4:00 - 7:00 p.m.
EJK-EE-106	Kovacic	Exploring Entrepreneurship	13-17	M, W	4:00 - 7:00 p.m.
ZG-EE-104	Zelma George	Exploring Entrepreneurship	13-17	T, TH	4:00 - 7:00 p.m.
GLV-EE-107	Glenville	Exploring Entrepreneurship	13-17	T, TH	4:00 - 7:00 p.m.

STEM and Exploring Nature

(Nature Center at Shaker Lakes)

Join the Nature Center at Shaker Lakes as we explore the living things right outside your local recreation center. We'll use tools like magnifying glasses and binoculars to discover what plants, birds, and animals call Cleveland home. This 10 session program will be a mix of observing nature outdoors and completing indoor challenges like creating your own bird feeder or designing a new kind of seed. Bring your curiosity and sense of adventure because in the Exploring Nature program, YOU become the expert on nature in your community. Grades 4-6.

Course Code	Location	Description	Grade	Day	Time
SW-EN-101	Stella Walsh	Exploring Nature	8-17	TH	4:00 - 5:00 p.m.

Healthy Trees, Healthy Community

(Cleveland Botanical Garden)

Youth in grades K – 5 will experience fun, educational, hands-on activities that teach the biology of plants and the importance of plants to personal health and the health of our communities.

Course Code	Location	Description	Grade	Day	Time
ESB-HT-101	Estabrook	Healthy Trees, Healthy Community	3-5	TH	4:00 - 6:00 p.m.
EJK-HT-102	EJ Kovacic	Healthy Trees, Healthy Community	3-5	W	4:00 - 6:00 p.m.
CFA-HT-103	Cudell Fine Arts	Healthy Trees, Healthy Community	3-5	T	4:30 - 6:30 p.m.

Reading Boost

(Huntington Learning Center)

This engaging, effective, and efficient support program for youth ages 6-12 is designed to help students catch up, keep up or get ahead. The program utilizes research-based methodologies that have been proven effective in addressing the needs of students who are struggling academically.

Course Code	Location	Description	Age	Day	Time
ZG-HRB-101	Zelma George	Reading Boost	6-12	M, W	4:00 - 6:00 p.m.
SW-HRB-102	Stella Walsh	Reading Boost	6-12	T, TH	4:00 - 6:00 p.m.

IConnect

(Greater Cleveland Neighborhood Centers Association)

Older adults (55+) who would like to reduce social isolation and better understand the growing tech and digital device world are encouraged to enroll in this exciting class. Adults will learn to connect with an array of content that includes health related topics, education, cultural experiences, exercise, music and games.

Course Code	Location	Description	Age	Day	Time
CWD-ICON-101	Collinwood	GCNCA IConnect	55+	M	10:00 - 11:00 a.m.
FD-ICON-102	Frederick Douglass	GCNCA IConnect	55+	T	12:00 - 1:00 p.m.
EJK-ICON-103	EJ Kovacic	GCNCA IConnect	55+	W	12:00 - 1:00 p.m.



Job and Career Readiness Training and Placement

(Ohio Means Jobs/Towards Employment)

Youth and young adults ages 16 and up will be afforded job and career readiness training, assistance with job placement and coaching support; plus job retention and career advancement coaching services with possible opportunities for work experience or technical training.

Course Code	Location	Description	Age	Day and Time
EBT-JCR-101	Earle B. Turner	Job and Career Readiness	16+	Individually Scheduled
MZ-JCR-102	Michael Zone	Job and Career Readiness	16+	Individually Scheduled

Reach Success (*Homework Help/Personal Success Coaching*)
Academic Support/Tutoring (K-12 Academic Tutoring)
 (Reach Success, Inc.)

Education

VIRTUAL

Cleveland Youth in grades K-12 will receive individual tutoring virtually incorporating FUN Activity-based learning addressing their individual academic needs. Reach Success will work with the parent/guardian of the participant to coordinate schedules and share academic progress. Tutors will create individual methods of learning based on learning styles, and also provide curriculum if needed. The sessions will be 1-2 hours a week based on needs/schedules.

Virtual Course Code	Description	Grade	Day and Time
V-126	Reach Success	K-12	Individually Scheduled



STEAM

(Greater Cleveland Neighborhood Centers Association)

This program will introduce youth in grades 5-8 to engineering concepts focused on math, science and literacy through project based learning activities. Youth will form teams that will compete with the projects they have completed.

Course Code	Location	Description	Grade	Day	Time
MZ-CGNCA - 101	Michael Zone	GCNCA STEAM	5-8	F	4:30 - 5:30 p.m.

STEM Workshops

(Great Lakes Science Center)

In this one-week program, K-8 participants will engage in multiple hands-on activities related to Science, Technology, Engineering and Mathematics (STEM). Activities are designed to encourage creativity and self-efficacy. Rotating family pass is available at each NRRC.

Course Code	Location	Description	Grade	Day	Time
EBT-GLSC-101	Earle B. Turner	GLSC STEM - 1 Week; May 15, 2023	K-8	M, T, W, T, F Week of May 15, 2023	4:00 - 5:00 p.m.

Phlebotomy and Medical Billing Certification Classes

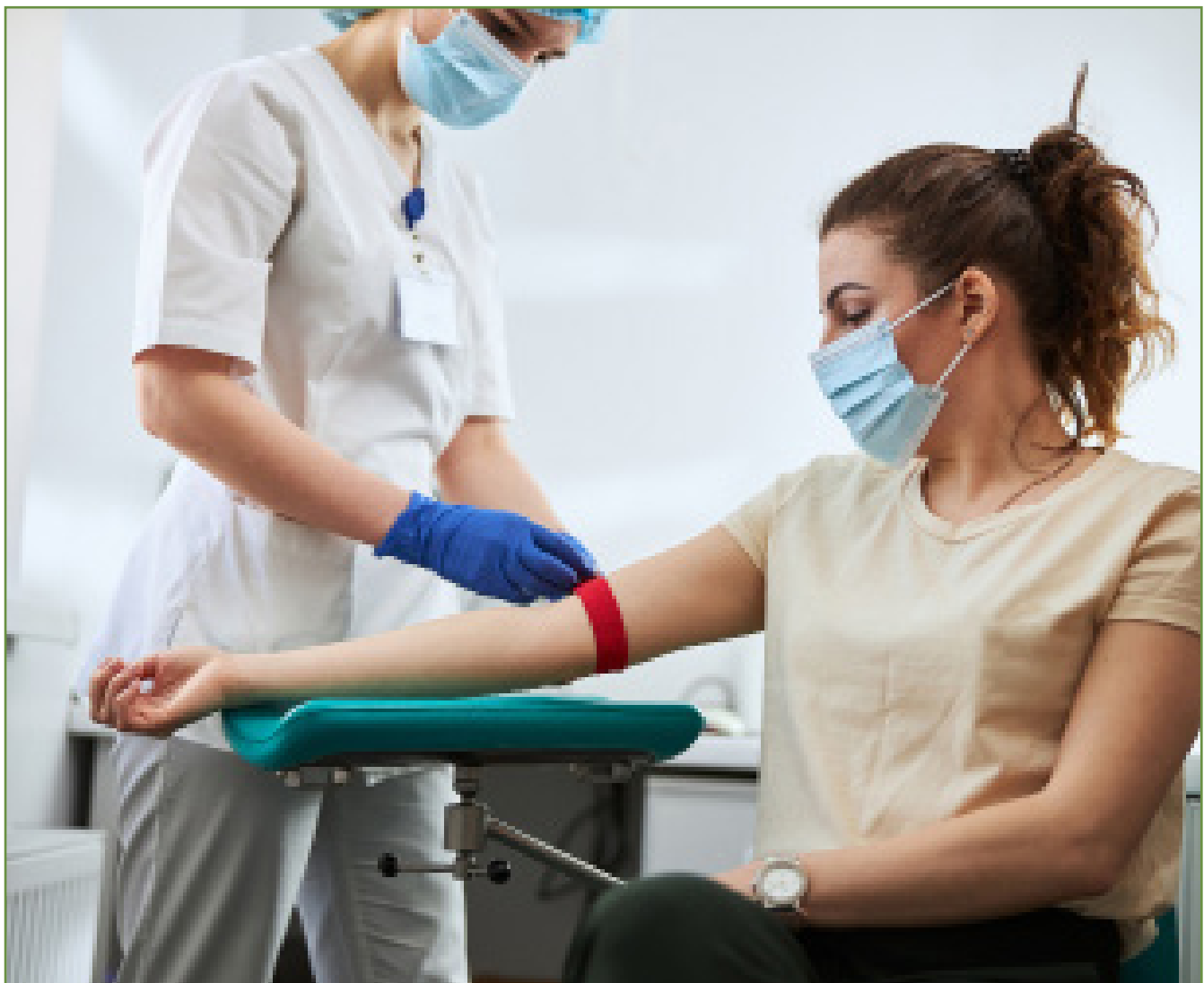
(Henry Johnson Center)

This is a 10-week research-based certification program that is approved by the state of Ohio's State Board of Career colleges and Schools.

The **Phlebotomy program** is divided into 3 components: Didactic research-based coursework (3 weeks), Clinical Training (4 weeks), and Internship (3 weeks). Internships are hosted by the American Red Cross and Cleveland Clinic. Upon completion of the program participants will be prepared to complete the National Phlebotomy Certification exam. This certification allows graduates to work at hospitals, clinics, nursing homes, laboratories and other medical facilities.

The **Medical Billing and Coding program** is divided into 3 components: Didactic research-based coursework in Medical Billing (3 weeks), Coding coursework and training (4 weeks), and Internship (3 weeks). Internships are hosted by the Chillicothe clinical Research Resolutions. Upon completion of the program participants will be prepared to complete the National Billing and Coding Specialist Certification exam. This certification allows graduates to work at hospitals, clinics, nursing homes, laboratories and other medical facilities. Ages 18+

Course Code	Location	Description	Age	Day	Time
FD-HJC-103	Frederick Douglass	Medical Billing and Coding Classes	Adults	M, W	5:00 - 7:00 p.m.
SW-HJC-102	Stella Walsh	Phlebotomy Training	Adults	M, W	5:00 - 7:00 p.m.





Sports & Recreation

Sports & Recreation

Recess Cleveland

(Recess Cleveland)

Recess coordinators will lead youth ages 8+ in a series of games that observe social distancing guidelines. Youth will play bubble soccer, giant soccer, Captain Cleveland and other games.

Course Code	Location	Description	Age	Day	Time
FF-RC-101	Fairfax	Recess Cleveland	Ages 8-17	M	3:00 - 6:00 p.m.
LB-RC-110	Lonnie Burten	Recess Cleveland	Ages 8-17	T	3:00 - 6:00 p.m.
EJK-RC-102	EJ Kovacic	Recess Cleveland	Ages 8-17	TH	3:30 - 6:30 p.m.

America SCORES

(America SCORES Cleveland)

Youth will learn and play the game of soccer, while at the same time engaging in activities that will strengthen their writing and speaking skills. Participants will complete a service-learning project.

Course Code	Location	Description	Grades	Day	Time
EBT-AS-102	Earle B. Turner	America SCORES Soccer	Grades 6-8	T, TH	5:00 - 7:00 p.m.
GP-AS-103	Gunning Park	America SCORES Soccer	Grades 6-8	T, TH	5:00 - 7:00 p.m.
MZ-AS-101	Michael Zone	America SCORES Soccer	Grades 6-8	M,TH	5:00 - 7:00 p.m.
SW-AS-105	Stella Walsh	America SCORES Soccer	Grades 6-8	W,TH	5:00 - 7:00 p.m.
TM-AS-104	Thurgood Marshall	America SCORES Soccer	Grades 6-8	M,TH	5:15 - 7:00 p.m.





Health and Wellness

Health and Wellness

Circuit Training

(Cray Consulting Group, Inc.)

Get in shape by participating in one of the most efficient beneficial forms of exercise, powered by Fit Circuit. Adult participants will be instructed through 8-10 different exercise stations which will work various muscle groups, completing 4 circuits in each training session.

Course Code	Location	Description	Age	Day	Time
EBT-CT-105	Earle B. Turner	Circuit Training	Adults	T	5:00 - 6:00 p.m.
FD-CT-101	Frederick Douglass	Circuit Training	Adults	T	12:00 - 1:00 p.m.

Healthy Cooking

(Exquisite Touch)

Participants will prepare healthy meals, learn about cleanliness in the kitchen and develop specific cooking skills.

Course Code	Location	Description	Age	Day	Time
EJK-HC-101	EJ Kovacic	Healthy Cooking	6-18	F	4:00 - 6:00 p.m.
FD-HC-102	Frederick Douglass	Healthy Cooking	6-18	T	4:00 - 6:00 p.m.





Daily Programs

Daily Programs



Scan the qrcode or follow the url, <https://tinyurl.com/5n8mhnu5>, for individual Neighborhood Resource & Recreation Center details and schedules.



Registration Process

Registration for Virtual Programs:

- To register for virtual programs, please complete the online registration form at www.clevelandohio.gov/NRRCreg and submit electronically.
- Each registrant will receive a letter within 48 hours confirming their seat in the program, the date and time of the program and instructions regarding login and password.
- The confirmation letter will include the participant Code of Conduct Policy and Consent and Waiver form that must be signed and returned. The Consent and Waiver form may be returned one of the following ways:
 - Sign, scan and email to NRRC_Registration@clevelandohio.gov,
 - Sign, take a picture and email to NRRC_Registration@clevelandohio.gov, or
 - Sign and return to your local NRRC
- A waiting list will be kept for any program where the enrollment exceeds the maximum number of participants allowed.
- A participant who registers for a program and does not participate on the first day will be dropped from the program and the next person on the waiting list will be added unless prior arrangements have been made.
- Participants will be replaced after the first absence unless prior arrangements have been made with the instructor.

The Spring 2023 Programs Guide is available online at www.clevelandohio.gov/NRRCactivities.

If you experience a problem connecting to the site or have questions regarding program offerings, please call Sherry Ulery at 216-664-2241 or email NRRC_Registration@clevelandohio.gov.

Registration for In-Person Programs:

Guests may register for the in-person program sessions described in the guide in one of three ways:

1. Registrants can complete the registration form online and submit electronically. The online registration form can be located at www.clevelandohio.gov/NRRCreg.
2. Registrants may go to their local NRRC to pick up a paper copy of the registration form and submit it to one of the NRRC staff.
3. Registrants may call the NRRC between the hours of 2:00 p.m. – 5:00 p.m. and register by phone.

Registrants will receive an email within 48 hours confirming their seat in the program. Registrants who do not have an email address will receive a phone call to confirm their registration.

- A waiting list will be kept for any program where the enrollment exceeds the maximum number of participants allowed.
- A participant who registers for a program and does not show up on the first day will be dropped from the program and the next person on the waiting list will be added.
- Participants will be replaced after the first absence unless prior arrangements have been made with the instructor.

If you have any questions pertaining to the in-person programs or the registration process, please call Sherry Ulery at 216-664-2241 or email NRRC_registration@clevelandohio.gov.



Please Note: If you do not have access to register online, please complete the form on **page 30** for the programs described on **pages 14-16, 18-22, 24, and 26**.



CITY OF CLEVELAND
Mayor Justin M. Bibb

Neighborhood Resource & Recreation Center Registration Form

Type of participant: ☐ Child ☐ Adult

Participant Full Name: _____ ☐ Male ☐ Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Program

Type of participant: ☐ Child ☐ Adult

Participant Full Name: _____ ☐ Male ☐ Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Program

Type of participant: ☐ Child ☐ Adult

Participant Full Name: _____ ☐ Male ☐ Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Program

Do you currently have a rec center number? ☐ Yes ☐ No ☐ Unsure

If yes, indicate your home Rec Center:

Adult Registrant or Parent/Guardian Contact Information

Name: _____ Phone: _____

Address: _____ ZIP: _____ Email: _____

Sign me up for the Mayor's Office newsletter: ☐ Yes ☐ No

Authorization: WAIVER OF LIABILITY (If under 18, parent/guardian must complete)

I consent to the above person's participation in the activities and agree on behalf of myself, or minor child, that I assume the risk of accident, injuries or property damage sustained from any cause in connection with my (or my child's) participation in the activities. I voluntarily release and hold harmless the City (including its officers, agents, employees and volunteers) from any liability for an accident, injury or property damage (except to the extent cause by the City's active negligence or willful misconduct). I understand that I am responsible for the registration policies and procedures outlined in the brochure.

Parent/Guardian's Printed Full Name

Add Signature (if printed)

Date



CITY OF CLEVELAND
Mayor Justin M. Bibb

www.clevelandohio.gov
www.clevelandohio.gov/NRRCactivities